

Visiting Nurse Association Health Group, Inc.

Accident Insurance



How does it work?

Accident Insurance can pay a set benefit amount based on the type of injury you have and the type of treatment you need. It covers accidents that occur off the job. And it includes a range of incidents, from common injuries to more serious events.

What's included?

Be Well Benefit

Every year, each family member who has Accident coverage can also receive \$50 for getting a covered Be Well screening test, such as:

- Annual exams by a physician include sports physicals, well-child visits, dental and vision exams
- Screenings for cancer, including pap smear, colonoscopy
- · Cardiovascular function screenings
- Screenings for cholesterol and diabetes
- Imaging studies, including chest X-ray, mammography
- Immunizations including HPV, MMR, tetanus, influenza



Why is this coverage so valuable?

- It can help you with out-of-pocket costs that your medical plan doesn't cover, like co-pays and deductibles.
- You're guaranteed base coverage, without answering health questions.
- The cost is conveniently deducted from your paycheck.
- You can keep your coverage if you change jobs or retire. You'll be billed directly.

Who can get coverage?

You	If you're actively at work*
Your spouse	Can get coverage as long as you have purchased coverage for yourself.
Your children	Dependent children from birth until their 26th birthday, regardless of marital or student status.

^{*}Employees must be legally authorized to work in the United States and actively working at a U.S. location to receive coverage. Spouses and dependent children must reside in the United States to receive coverage.

How much does it cost?

Your monthly premium	Option 1	Option 2
You	\$8.41	\$7.28
You and your spouse	\$15.60	\$13.55
You and your children	\$23.93	\$20.60
Family	\$31.12	\$26.87

Active employment: You are considered in active employment if, on the day you apply for coverage, you are being paid regularly for the required minimum 20 hours each week and you are performing the material and substantial duties of your regular occupation. Insurance coverage will be delayed if you are not in active employment because of an injury, sickness, temporary layoff, or leave of absence on the date that insurance would otherwise become effective. New employees have a 30 day waiting period to be eligible for coverage. Please contact your plan administrator to confirm your eligibility date.

If enrolling, and eligible for Medicare (age 65+; or disabled) the Guide to Health Insurance for People with Medicare is available at www.medicare.gov/media/9486.

See Schedule of Benefits for a complete listing of what is covered.

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SCHEDULE OF BENEFITS								
	Option 1	Option 2		Option 1	Option 2		Option 1	Option 2
Hospitalization			Injury			Injury		
Admission	\$1,000	\$800	Hip or Thigh (femur)	\$3,375	\$3,375	Ruptured or Herniated Disc		
Admission – Hospital ICU	\$1,000	\$800	Skull (except bones of			One Disc	\$150	\$150
Daily Stay (amount)	\$150	\$250	Face or Nose), Non-depressed	\$2,250	50 \$2,250	Two or more Discs	\$250	\$250
Daily Stay – Hospital ICU	\$350	\$250	Vertebrae, body of (other	\$1,350	\$1,350	Recovery		
(amount) Short Stay	\$250	\$200	than Vertebral Processes)	,		At-Home Care	\$50	\$75
	\$250	\$200 	Leg (mid to upper tibia or fibula)	\$1,350	\$1,350	Physician Follow-Up Visits	\$50	\$50
Injury Burns			Pelvis	\$1,350	\$1,350	Physician Follow-Up Maximum Visits	2 Visits	2 Visits
2nd Degree Burns - At			Bones of the Face or Nose (other than Lower Jaw,			Prescription Drug	\$25	\$25
least 5%, but less than 20% of skin surface	\$500	\$500	Mandible or Upper Jaw, Maxilla)	\$675	\$675	Prescription Benefit Incidence per covered	1 Per	1 Per
2nd Degree Burns - 20% or greater of skin surface	\$1,000	\$1,000	Upper Arm between Elbow and Shoulder (humerus)	\$675	\$675	accident Rehabilitation or Subacute	Insured	
3rd Degree Burns - Less than 5% of skin surface	\$2,000	\$2,000	Upper Jaw, Maxilla (other than alveolar process)	\$675	\$675	Rehabilitation Unit Therapy Services (chiro,	\$50	\$50
3rd Degree Burns - At least 5%, but less than	\$5,000	\$5,000	Ankle (lower tibia or fibula)	\$450	\$450	speech, PT, occ) Therapy Services Maximum	\$50	\$15
20% of skin surface 3rd Degree Burns - 20% or	\$10,000	\$10,000	Collarbone (clavicle, sternum) or Shoulder Blade	\$450	\$450	Days	15 Days	15 Days
greater of skin surface	410,000	Ψ10,000 —————————————————————————————————	(scapula)			Surgery Dislocations		
Concussion	¢100	#200	Foot or Heel (other than Toes)	\$450	\$450	Dislocation, Surgical	100%	100%
Concussion Connective Tissue Damage	\$100	\$200	Forearm (olecranon,	±450	+450	Repair - Payable as a % of the applicable Injury		
One Connective Tissue			radius, or ulna), Hand, or Wrist (other than Fingers)	\$450	\$450	benefit		
(tendon, ligament, rotator cuff, muscle)	\$90	\$90	Kneecap (patella)	\$450	\$450	Anesthesia Epidural or Regional	\$100	\$60
Two or more Connective Tissues (tendon, ligament,	\$150	\$150	Lower Jaw, Mandible (other than alveolar process)	\$450	\$450	Anesthesia General Anesthesia	\$250	\$150
rotator cuff, muscle)			Vertebral Processes	\$450	\$450	Connective Tissue	4230	4130
Dislocations			Rib	\$450	\$450	Exploratory without Repair	\$100	\$75
Knee joint (other than patella)	\$1,650	\$1,650	Tailbone (coccyx), Sacrum	\$450	\$450	Repair for One Connective	\$800	\$600
Ankle bone or bones of the foot (other than toes)	\$1,650	\$1,650	Finger or Toe (Digit) Chip Fracture - Payable as	\$225	\$225	Repair for Two or more	\$1,200	\$900
Hip joint	\$3,375	\$3,375	a % of the applicable Fractures benefit	25%	25%	Connective Tissues Eye Surgery		
Collarbone (sternoclavicular)	\$825	\$825	Same bone maximum incurred per accident	1 Fracture	1 Fracture	Eye Surgery, Requiring Anesthesia	\$300	\$200
Elbow joint	\$500	\$500	Maximum payable multiplier	2 Times	2 Times	Fractures		
Hand (other than Fingers)	\$500	\$500	for multiple bones	263		Fractures, Surgical Repair	100%	100%
Lower Jaw	\$500	\$500	Internal Injuries	¢200	#200	 Payable as a % of the applicable Injury benefit 		
Shoulder	\$500	\$500	Internal Injuries	\$200	\$200	Surgical Repair same bone	1	1
Wrist joint	\$500	\$500	Lacerations No Repair	\$50	\$50	maximum incurred per accident	Fracture	Fracture
Collarbone (acromioclavicular and separation)	\$325	\$325	No Repair Repair Less than 2 inches	\$150	\$150	Surgical Repair same bone maximum payable multiplier	2 Times	2 Times
Finger or Toe (Digit)	\$150	\$150	Repair At least 2 inches but less than 6 inches	\$300	\$300	for multiple bones General Surgery		
Kneecap (patella)	\$500	\$500	Repair 6 inches or greater	\$600	\$600	Abdominal, Thoracic, or	\$1,500	\$1,000
Incomplete Dislocation -			Loss of a Digit			Cranial		
Payable as a % of the applicable Dislocations benefit	25%	25%	One Digit (other than a Thumb or Big Toe)	\$750	\$750	Exploratory Incidence per covered	\$150 1 Per	\$100 1 Per
Eye Injury			One Digit (a Thumb or Big	¢1 12F	¢1 12E	accident	Insured	Insured
Eye Injury	\$200	\$200	Toe)	\$1,125	\$1,125	Hernia Surgery	¢1.F0	£100
Fractures			Two or more Digits	\$1,500	\$1,500	Hernia Surgery Knee Cartilage	\$150	\$100
Skull (except bones of	¢4 F00	¢4 E00	Knee Cartilage			Knee Cartilage (Meniscus)	\$150	\$100
Face or Nose), Depressed	\$4,500	\$4,500	Knee Cartilage (Meniscus) Injury	\$150	\$150	Exploratory without Repair	Ţ.30	

SCHEDULE OF BENEFITS

Surgery	Option 1	Option 2
Knee Cartilage (Meniscus) with Repair	\$750	\$500
Outpatient Surgical Facility		
Outpatient Surgical Facility	\$300	\$200
Ruptured or Herniated Disc Surgery		
Exploratory without Repair	\$125	\$100
One Disc	\$675	\$525
Two or more Discs	\$1,000	\$800
Treatment		
Ambulance		
Air	\$1,600	\$800
Ground	\$400	\$200
Durable Medical Equipment		
Tier 1 (arm sling, cane, medical ring cushion)	\$35	\$35
Tier 2 (bedside commode, cold therapy system, crutches)	\$75	\$75
Tier 3 (back brace, body jacket, continuous passive movement, electric scooter)	\$150	\$150
Emergency Dental Repair		
Dental Crown	\$300	\$300
Dental Extraction	\$100	\$100
Filling or Chip Repair	\$75	\$75
Imaging		
Tier 1: X-rays or Ultrasound	\$50	\$50
Tier 2: Bone Scan, CAT, CT, EEG, MR, MRA, or MRI	\$100	\$100
Medical Imaging Incidence allowance covered accident per Tier	1 Per Insured Per Tier	1 Per Insured Per Tier
Lodging		
Lodging (per night)	\$100	\$100
Prosthetic Device		
One Device or Limb	\$500	\$500
Two or more Devices or Limbs	\$1,000	\$1,000
Skin Grafts		
For Burns - Payable as a % of the applicable Burn benefit	50%	50%
Not Burns - Less than 20% of skin surface	\$125	\$125
Not Burns - 20% or greater of skin surface	\$250	\$250
Treatment		
Emergency Room Treatment	\$150	\$75
Injections to Prevent or Limit Infection (tetanus, rabies, antivenom, immune globulin)	\$50	\$50

	Option 1	Option 2
Treatment		
Pain Management Injections (epidural, cortisone, steroid)	\$50	\$50
Transfusions	\$300	\$300
Transportation (per trip)	\$75	\$75
Treatment in a Physician's Office or Urgent Care Facility (initial)	\$100	\$50

ACCIDENT INSURANCE

Effective date of coverage

Coverage becomes effective on the first day of the month in which payroll deductions begin.

Exclusions and limitations

We will not pay benefits for a claim that is caused by, contributed to by, or resulting from any of the following:

- · committing or attempting to commit a felony;
- · being engaged in an illegal occupation or activity;
- injuring oneself intentionally or attempting or committing suicide, whether sane or not;
- active participation in a riot, insurrection, or terrorist activity. This does not include civil commotion or disorder, Injury as an innocent bystander, or Injury for self-defense;
- participating in war or any act of war, whether declared or undeclared;
- combat or training for combat while serving in the armed forces of any nation or authority, including the National Guard, or similar government organizations;
- a Covered Loss that occurs while an Insured is legally incarcerated in a penal or correctional institution;
- elective procedures, cosmetic surgery, or reconstructive surgery unless it is a result of organ donation, trauma, infection, or other diseases;
- · an occupational injury;
- any Sickness, bodily infirmity, or other abnormal physical condition or Mental or Nervous Disorders, including diagnosis, treatment, or surgery for it;
- infection. This exclusion does not apply when the infection is due directly to a cut or wound sustained in a Covered Accident;
- · experimental or investigational procedures;
- · operating any motorized vehicle while intoxicated;
- operating, learning to operate, serving as a crew member of any aircraft or hot air balloon, including those which are not motor-driven, unless flying as a fare paying passenger;
- jumping, parachuting, or falling from any aircraft or hot air balloon, including those which are not motordriven:
- travel or flight in any aircraft or hot air balloon, including those which are not motor-driven, if it is being
 used for testing or experimental purposes, used by or for any military authority, or used for travel beyond
 the earth's atmosphere;
- practicing for or participating in any semi-professional or professional competitive athletic contests for which any type of compensation or remuneration is received;
- riding or driving an air, land or water vehicle in a race, speed or endurance contest; and
- engaging in hang-gliding, bungee jumping, sail gliding, parasailing, parakiting, or BASE jumping. Additionally, no benefits will be paid for a Covered Loss that occurs prior to the Coverage Effective Date.

Termination of employee coverage

If you choose to cancel your coverage, your coverage ends on the first of the month following the date you provide notification to your employer. Otherwise, your coverage ends at the end of the month of your termination.

- the date this policy is canceled by Unum or your employer;
- the date you are no longer in an eligible group;
- the date your eligible group is no longer covered;
- · the date of your death;
- in accordance with the Continuation of your Coverage during Absences provision; or
- if you elect to continue coverage for you, your Spouse, and Children under Portability of Accident Insurance.

We will provide coverage for a Payable Claim that occurs while you are covered under this certificate

Accident Insurance

THIS IS A LIMITED BENEFITS POLICY

This information is not intended to be a complete description of the insurance coverage available. The policy or its provisions may vary or be unavailable in some states. The policy has exclusions and limitations which may affect any benefits payable. For complete details of coverage and availability, please refer to Policy Form GAP16-1 et al. or contact your Unum representative.

Unum complies with state civil union and domestic partner laws when applicable.

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